



Monday, November 10, 2025

1. The Senate took a key step toward ending the government shutdown.

Last night: Senators advanced a deal aiming to end the longest government shutdown in U.S. history. There was a split among Senate Democrats — seven voted with Republicans.

Shutdown impacts: Air passengers are bracing for worsening disruptions. And back-and-forth court rulings are causing confusion over food benefits for 42 million Americans.

2. Two top BBC leaders resigned over edited clips of President Donald Trump.

Why? A BBC documentary was accused of misleadingly editing clips of Trump's speech from Jan. 6, 2021, to make it seem like he explicitly called for violence at the U.S. Capitol.

In other Trump news: Ten chaotic seconds in the Oval Office last week overshadowed a drug-price announcement and sparked days of jokes and memes — not all are accurate.

Who could succeed Trump? We ranked the Republican contenders for 2028.

3. The Justice Department has lost thousands of experienced attorneys this year.

What to know: Many people have quit the department, been fired or taken a buyout offered by the Trump administration. Now, officials are struggling to find replacements.

More legal news: The Supreme Court will hear a case today involving prison officials who forcibly shaved a Rastafarian's dreadlocks. It will be another test of religious liberties.

4. About 1,000 people attended a conference celebrating Robert F. Kennedy Jr.'s rise.

This weekend: Anti-vaccine activists met in Austin to map out plans to grow Kennedy's "MAHA" movement. The health secretary did not attend, but his wife, Cheryl Hines, did.

In related news: Getting the shingles vaccine may help reduce the risk of dementia, according to a new study investigating the link between the shot and brain health.

5. A critical part of the economy isn't hiring.

What's happening? Small businesses are pulling back on spending. They are feeling multiple pressure points, including inflation, the shutdown and rumblings about a recession.

Why it matters: Small businesses employ more than 40% of the U.S. workforce. And the hiring pullback comes as layoffs are hitting recession-like levels, according to one report.

6. Smaller sports are drawing big bets — and corruption.

Like what? Table tennis, darts and surfing are among sports now available on gambling apps. The expansion has left a wider pool of lower-paid players vulnerable to match fixers.

In related news: Two Cleveland Guardians pitchers, Emmanuel Clase and Luis Ortiz, were charged in a case alleging they rigged pitches, according to a newly unsealed indictment.

7. A 15-minute walk could boost your longevity.

Get those steps in: Walking for at least 10 or 15 minutes at a time might do more for your health than shorter walks throughout the day, a new study suggests.

That's not all: Increasing your step count may help delay Alzheimer's symptoms.

Bored of walking? The Swedish art of "fartleks" can spice things up. Or get moving while listening to the podcast version of The 7.



Vocabulary 10/11/25:

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|----|----------------------|--|
| 1. | John Thune - | Senate majority leader |
| | Hakheem Jeffries - | democratic representative in the "House" |
| | Chuck Shumer - | democratic senator |
| | Jeanne Shaheen - | democratic senator |
| 3. | DoJ - | Department of Justice |
| | to snarl sth. - | to make sth. complicated |
| 4. | vaccine - | a substance that is put into the body of a person to protect them from a disease by causing the generation of antibodies |
| | MAHA (movement) - | Make America Healthy Again |
| 6. | fixer - | someone who is skilled at arranging things to happen, usually dishonestly |
| 7. | longevity - | living for a long time |
| | Stairway to Heaven - | iconic rock song by the band Led Zeppelin |

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